

How to use the Resource Pack

with learners and community groups

Slideshow to provoke memories: our PowerPoint slideshow can be used to illustrate the places and themes we found people talked about. The pictures can be a great starting point for group conversations of all kinds if people recognise the place, person or situation and begin to talk about their relationship to it.

How to create your own guided walk round the area: see our Toolkit in the Resource Pack, and contact Hetty Lancaster at [Hetty's History Walks](#) for further help and to book her guided walks for your group.

How to get training in oral history interviewing and running reminiscence groups: contact the [Living Memory Association](#) at Ocean Terminal. This could help community groups wanting to interview one another, or their families or neighbours, to collect and preserve more local memories.

How to draw on our quotes and interviews for inspiration: The memories, descriptions and personal angles on this area can be used as inspiration for local photography and other forms of artwork, which could then be featured in local community publications or exhibitions. Display a selection, perhaps on a board they can all see or on paper you pass round, and invite responses.

See also the children's artwork from schools' workshops. The children were inspired by stories, songs and the invitation to draw their own local landscape.

What activities and events can the Resource Pack or Digital Archive inspire in learners?

- Further oral history interviewing with these and other participants
- Capturing family memories - for families, schools, parents' projects
- Reminiscence – with existing groups, in day centres, sheltered housing and care homes, etc.
- Further local history researches, mapping, history of buildings and their inhabitants
- Seasonal events and gatherings to revive community connections
- Digital storytelling to share images and short commentary
- Artworks of all kinds including photography, painting, collage, mosaic, music, exhibitions, drama, dance, songwriting, animation, creative writing

Questions that could be explored with learners:

- What do you know about your area? (Potential team quiz format)
- How has the Lochend/Restalrig/Craigentinny (or wider Edinburgh) area changed?
- What local landmarks can we map in the area that capture its identity?
- What do we learn from the maps, or the quotes, about changes in children's lives, working life, shopping, transport, leisure, and other activities over the generations?
- How has childhood/youth changed in recent generations? Compare these recollections to our own and ask young people today about their equivalent activities
- How have occupations and industries changed?
- What can we learn from these interviews about food growing, health, nutrition, exercise?
- What themes come up about class, poverty, community networks, enterprise?
- Which of these memories have you enjoyed most? Why?
- How can sharing oral history benefit the individuals interviewed?... the interviewers?... the local community?... campaigns and movements for community empowerment and engagement, asset transfer, health and wellbeing, the creative arts?
- What are the implications for local and national politics, social studies, campaigning? Workshops and training can be found on many of the topics above.

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